

Shamanism and the Wilderness as Healer and Teacher

Facilitated By Ana Larramendi

A 3-day experiential workshop integrating shamanism and wilderness awareness
May 12-14, 2023. Dodgeville, WI

The Shaman's spiritual practice is inextricably woven with the natural world. Shamans drew their spiritual strength from a deep sacred marriage with the Great Earth Mother. For in this spiritual union there was never aloneness or want, but instead comfort, companionship, visioning and nourishment of the soul. This workshop is for those who wish to deepen their shamanic practice by learning how to truly communicate and be present with the Earth Mother...To see, hear and feel her signs, omens, rhythms and mysteries from a shamanic perspective. Students in this training will delve deeply into the *Sacred Middle World* of the Earth and combine ordinary and non-ordinary reality awareness to learn how to interpret and read the communications of the land.

Teachings will include:

- **Spiritual Philosophy of the Earth**
- **Sacred Silence and Cultivating Inner Vision**
- **Wide Angle Vision & Fox Walking**
- **Finding Power Places for Healing and Rituals**
- **Bird Language, Reading the Forest & Nature's Concentric Rings**
- **Nature Spirits and Elemental Beings**
- **Working with the natural world as a teacher**
- **Spirit Walks, attuning to nature, and receiving Nature's Signs & Omens**
- **Finding "Power Places" for meditation and visioning**
- **Plant Communication, Medicinal Plant Awareness & Wild Edibles**
- **Simple personal rituals to add meaning and sacredness to your life.**

With this awareness we will learn how to work with the land for personal healing, healing of others and bringing our relationship with the Earth into balance.

Class will be held on 500+ picturesque acres of ancient bluffs, prairie and woodland.

Ana Larramendi has been a shamanic practitioner since 1989 with a private healing practice in rural, SW Wisconsin. She is an initiated mesa carrier in the Inka tradition, and a board member of the Society for Shamanic Practice, www.shamansociety.org Ana has studied extensively with teachers from many traditions including: Alberto Villoldo, Sandra Ingerman, Tom Brown Jr., Marko Pogačnik and indigenous Alto Misayoqs in the Andes. She also has pioneered new protocols in Shamanic Earth Healing and specializes in nature awareness and earth healing classes. www.thehollowbone.com

Prerequisites: Participants should be experienced with journeying to teachers and power animals.

Dates & Times: Begins Friday, May 12th, at 3:00pm. Ends Sunday, May 14th, at 3:00pm.

Cost: Regular/Early (register before April 12, 2023 with a \$100 deposit for the reduced price)

\$615/\$595 Private room in main building

\$595/\$575 Private room in separate building

\$555/\$535 Non-residential (includes meals)

These prices include instruction, lodging, and 6 meals. A deposit of \$100 reserves your space.

Register: Last day to register is May 8, 2023. Private room space is limited--register soon. You can hold your space with a deposit of \$100.

Questions: Please call Ana at 608-255-4333 or email at anawasi2022@gmail.com

This workshop is a unique blend of wilderness awareness skills and native applications of shamanic journeying. It does not require you to be physically fit, but rather to open your heart deeper and wider to the Earth than you ever have before...

*****At this time, I am asking that students attending are vaccinated for Covid-19 and agree to take a home test 24-48 hrs. before class begins. If you test positive before arriving, your class deposit will be fully refunded*****