

# *Soul Retrieval Training*

**4-day Residential Class with Ana Larramendi  
April 13-16, 2023. Dodgeville, WI**

When a person suffers from a physical or psychological trauma, an aspect of that person's vital essence can leave the body to find a safe haven in non-ordinary reality. Modern psychology calls this disassociation, but long before our modern times indigenous shamans around the world have known this condition as soul loss. Soul loss is a natural survival mechanism to protect us from experiencing the full impact of a trauma. However, if this disassociated part does not return a host of emotional, physical and spiritual ailments may develop.

Soul Retrieval is a shamanic method of healing, which compassionately returns and reintegrates the vital essence (or disassociated part) of a person who has suffered from trauma. In addition, by returning this vital essence, the shaman returns the spiritual gifts that are associated with that essence and reintegrates the client to a state of wholeness and grace.

This training will introduce basic soul retrieval concepts and then delve deeper into more complex and esoteric aspects of soul loss. Many new perspectives of soul retrieval will be covered that will enrich experienced practitioners as well as those first studying this practice.

## **In this training you will learn:**

- **Symptoms of soul loss and what causes soul loss**
- **Meeting with your Soul Retrieval Teachers and Guides**
- **How to track a lost soul part and return it with integrity**
- **Past Life soul retrieval**
- **Retrieval of a future healed state**
- **Soul retrieval of the spirit of organs**
- **Soul withdrawal**
- **Soul theft by the living or dead**
- **Compassionately dealing with soul thieves and perpetrators**
- **Healing the wounded soul in non-ordinary reality**
- **Unraveling spiritual contracts tied to soul loss and soul theft**
- **Identifying soul gifts and reclaiming their essence**
- **Long distance soul retrieval healing**
- **Healthy integration and soul retrieval aftercare**

**Prerequisites:** Participants should be experienced journeying and communicating with teachers and power animals. The Soul Retrieval Training workshop is designed for people who want to bring shamanic healing work into their practice with others.

**Ana Larramendi** has been a shamanic practitioner since 1989 with a private healing practice in rural, SW Wisconsin. Ana is an initiated mesa carrier in the Inka tradition, and a board member of the Society for Shamanic Practice, [www.shamansociety.org](http://www.shamansociety.org). She first studied Soul Retrieval with Sandra Ingerman in 1993, then with Alberto Villoldo of the 4-Winds. Since that time, she has performed over a 1000 soul retrievals in her private practice and has learned, through her guides, many new and esoteric aspects of soul retrieval. Ana teaches numerous workshops on the subject of Shamanism. More of Ana's work can be seen at her website: [www.thehollowbone.com](http://www.thehollowbone.com)

**Class times:** Begins Thursday, April 13, at 1:00pm and ends Sunday, April 16, 2023 at 12:00noon

**Cost:** Regular/Early (register before March 13, 2023 for the reduced price)

\$720/\$695 Private room in main building

\$700/\$675 Private room in separate building

\$635/\$615 Non-residential (includes meals)

These prices instruction, lodging, and all meals. A deposit of \$100 reserves your space.

**Register:** Last day to register is April 10, 2023. Private room space is limited--register soon. You can hold your space with a deposit of \$100.

**Questions:** Please call Ana at 608-255-4333 or email at [anawasi2022@gmail.com](mailto:anawasi2022@gmail.com)

**\*\*\*At this time, I am asking that students attending are vaccinated for Covid-19 and agree to take a home Covid-19 test 24-48 hrs. before class begins. If you test positive before arriving, your class payment will be fully refunded. This vaccination requirement may change based on current infection rates\*\*\***