

Psychopomp--Passage to the Light

Studies and Practices for Assisting the Dead and Dying

A weekend of exploration and practice with Ana Larramendi

November 3-5, 2017. Dodgeville, WI

Psychopomp: psycho=spirit, and pomp=to conduct; A shamanic term meaning the crossing over of souls to the light. This practice has been recognized in many spiritual traditions around the world throughout time. This weekend gathering will focus on learning some of these basic practices of psychopomp in a safe way with a primary focus on helping those who are dying, or assisting souls of the dead who are not attached to people (possession). I will be keeping this group small (maximum 6 -10 students) to ensure a lot of personal interaction and practice time. I am also open to input on covering specific topics of interest.

Our work will include:

- Meeting with protector helping spirits and learning how to work with them to do this work safely
- Meeting and befriending the deities who watch over the doorway to the Light
- Understanding the map of death and dying: Where does the soul go? What happens at the time of death? What keeps souls from making this transition?
- Helping a dying person peacefully embrace their eminent journey to the Light
- Safe practices of crossing souls to the light both individually and as a group
- Tupay: The practice of spiritual conflict resolution
- Being a compassionate witness and holding the crucible of calm serenity
- Specific practices based on student requests

Prerequisites: Basic Shamanic journeying skills. If you are not familiar or comfortable with shamanic journeying, I am willing to offer a mini practice session prior to the class, Friday, November 3rd from 11am to 1pm. Please contact me in advance if you are interested.

Dates & Times: Friday, November 3: Class begins at 3:00pm. Ends at 9:00pm. Saturday: Class from 9:30am to 9:30pm. Sunday: Class from 9:30 to 4:00pm

Cost: \$375. This price includes food, shared lodging & teaching. There is a reduced price of \$350 for registrations received by October 1, 2017. There is a reduced rate for non-residential attendance, if you prefer a private room in a nearby hotel. Please inquire

Register: Deadline is October 27, 2017. Space is very limited--register soon. You can hold your space with a check deposit of \$100 made out to *The Hollow Bone*. Mail your check to: Ana Larramendi, 1225 E. Dayton St. Madison, WI. 53703. To register with a credit card please call Ana at 608-255-4333. Please include your name, address, email, and food preference (Chicken or vegetarian) with your registration

Questions: Please call Ana at 608-255-4333 or email at inomoxo@tds.net

Registration for Psychopomp Training: Fill out this sheet and mail a check or call in a credit card with either a full payment or \$100 deposit made out to: The Hollow Bone. Mail to:

The Hollow Bone, 1225 E. Dayton St. Madison, WI 53703. **Balance is due at check in November 3rd.**

NAME _____ ADDRESS _____

CITY _____ STATE _____ ZIP _____

EMAIL _____ PHONE _____

PAYMENT (circle one) For Credit cards, please phone Ana (608-255-4333)

VISA, MC, AMEX, DISCOVER, CHECK or PayPal (account is inomoxo@tds.net) event: Psychopomp 2017

DEPOSIT _____ BALANCE DUE AT CHECK-IN _____

FOOD PREFERENCE (circle one): CHICKEN or VEGETARIAN

PLEASE LIST ANY DIETARY RESTRICTIONS _____

Once your deposit and registration information is received you will be sent a supply list, and a map with directions. Dorm rooms have 4 beds to a room. I try to put no more than 2 people per room. Please specify on the back of this sheet if there is anyone you wish to room with. We cannot guarantee private rooms.

Cancellation policy: A full refund will be paid for cancellations up till October 20th, 2017. Afterwards cancellations will be charged a \$50.00 processing fee. The difference will be returned. If the class is cancelled you will receive a full refund.

Another lodging option is to stay at the PINE RIDGE MOTEL in Dodgeville. About 6 miles away from Bethel Horizons. It is clean, inexpensive and comfortable, and you can have a private room. Here is the contact information if you want to book with them. Deduct \$40 from the class cost for non-residential attendance.

Pine Ridge Motel
405 County YZ Rd.
Dodgeville, WI 53533
608-935-3386

<http://pineridgemotel.net/index.html>